

Grid ref:	Organisation	Contact details
C2	Comyns Close Clinic	1 Comyns Close, E16 4JJ 020 7476 4860
C2	Community Links	105 Barking Road, E16 4HQ 020 7473 2270 020 7476 5414
C2	Berg's Pharmacy	28 Rathbone Market, Barking Road, E16 1EH 020 7093 3895
A4	All Saints Health Centre	12 Robin Hood Lane, E14 9PR 020 7987 9560
A3	The South Bromley Community Shop	27 Aberfeldy Street, E14 0NU 020 7537 3319
A3	Faldy Pharmacy	35 Aberfeldy Street, E14 0NU 020 7515 5622
A3	Doctors Surgery	2 Eitrick Street, E14 0PU 020 7515 5622
A3	Doctors Surgery	50 Aberfeldy Street, E14 0NU 020 7515 5620
A3	Community Nurses Office	2a Eitrick Street, E14 0PU 020 7473 0395
Health advice and information		
E3	Parish Hall	
E3	London City Mission	Valeley Christian Centre, Valeley Road, E16 3NR 020 7474 6056
D3	Coalfin Community Centre	Hartington Rd, E16 3NP 020 7476 6500
D2	Keir Hardie Methodist Church	14 Plymouth Road, E16 10B 020 7474 5930
D1	New Granwell Community Centre	97 Whitwell Road, E13 8DA 020 7476 3999
D1	New Avenues	285-287 Barking Road, E13 8EQ 020 7474 2920
D1	Granwell Community Centre	Whitwell Road, E13 8DA 020 7474 4922
D1	Cumberland Road & Joyce Centre	200 Chingapale Lane, E13 8DW 020 7366 6305
C4	St Luke's Social Enterprise & Community Centre	85 Taiting Rd, E16 1HN 020 7476 1171
C3	River Christian Centre	Vincent Street, E16 1LZ 020 7473 5249
C2	The Hub	123 Star Lane, E16 4PZ 020 7476 4129
C2	St Margaret and All Saints Church	79 Barking Road, E16 4HB 020 7540 0400
C1	Eastlea Youth Centre	Exning Road, E16 4ND 020 7474 6376
B0	The Grassroot Community Centre	66 Memorial Avenue, E15 3DB 020 7476 1171
Physical activity and social clubs		
C2	Doctors Surgery	1 Comyns Close, E16 4JJ 020 7476 4862
C2	Doctors Surgery	121 Star Lane, E16 4QH 020 7476 4662
C2	Jesol Pharmacy	The Hub, 123 Star Lane, E16 4PZ 020 7476 1667
C2	Newham South West Community Mental Health Team	The Hub, 123 Star Lane, E16 4PZ 020 7055 4400
C3	St Luke's Health Centre	2 St Luke's Square, E16 1HT 020 7366 6430
D0	Balaam Park Centre	113 Balaam Street, E13 8AF 020 8218 7400
D0	Doctors Surgery	113 Balaam Street, E13 8AF 020 8472 1238
D0	Newham Primary Care Trust	29 Adine Road, E13 8LL 020 7473 5540
D1	Breakthrough Centre Ltd	30 Avenons Road, Plaistow, E13 8HT 020 7511 2800
D1	Harmony Family Centre	30 Avenons Road, Plaistow, E13 8HT 020 7511 2800
D1	Esk Road Surgery	12 Esk Road, E13 8LJ 020 7474 9002
D1	Newham Youth Awareness Programme Services	361 Barking Road, E13 8HE 020 7445 7780
D1	Newham Chemist Ltd	376 Barking Road, E13 8HL 020 7474 8830
D1	Western Ltd	329 Barking Road, E13 8EE 020 7476 5214
D1	Whom Forrest Counselling	Forrest House, 63 Rowntree Clifford Close, E13 8AB 020 7473 4060
D4	Appleyby Centre	63 Appleyby Road, E16 1LQ 020 7445 7000
D4	The Surgery	63 Appleyby Road, E16 1LQ 020 7511 6009
E0	Doctors Surgery	497 Barking Road, E13 8PS 020 8471 7160
E0	Doctors Surgery: Dr. R Higgins	94 Essex Lodge, Greengate Street, E13 0AS 020 8472 4888
E0	R S Rattan Chemist	524 Barking Road, E13 8QE 020 8472 5054
E0	Southcross Pharmacy Ltd	10 Prince Regent Lane, E13 8QG 020 8471 3147
E1	Doctors Surgery	1-9 Glen Road, E13 8RU 020 7476 3434
E1	Newham Community Nursing Team	York House, 409 Barking Road, E13 8AL 020 7445 7880
D2	Keir Hardie Primary School	020 7476 1284
D1	St Helen's RC Primary School	Edwin Street, E16 1PZ 020 7476 1785
D1	Ravenscroft Primary School	Falcon Street, E13 8DD 020 7476 2454
D1	Promised Land Academy	Carson Road, E16 4BD 020 8471 3939
D0	Grange Primary School	St Cedds Hall, E13 8SR 020 7476 5146
C3	St Luke's Primary School	Suffolk Road, E13 0HE 020 7476 3559
C3	Oasis Nursery School	Ruscose Road, E16 1JB 020 7474 5263
C1	Eastlea Community School	66 Burke Street, E16 1ET 020 7540 0400
B1	Star Primary School	Exning Road, E16 4ND 020 7476 5336
B1	Gainsborough Primary School	Star Lane, E16 4NH 020 7476 3533
B0	Key Stage 4 PRU	Gainsborough Road, E15 3AF 020 7473 0395
Schools		
E0	Kelard Road Mini-market	Hamilton Road Centre, E15 3AE 020 7476 2355
D3	Food Co-op at Halsville Primary School	Barking Road, Plaistow, London, E13 020 7476 2355
Food		
A0	West Ham Allotment Society Limited	Halsville Primary School, Radland Road, Barking Road, Canning Town, E16 020 7515 4964 louis@westhamallotments.org.uk
Environment		
E4	Newham PCT Pharmacy & Prescribing Team	Warehouse K, 2 Western Gateway, E16 1DR 020 7059 2400
E4	Day Lewis Pharmacy	15-19 Freemasons Road, E16 3AR 020 7476 2254
E3	Prince Regent Lane Surgery	343 Prince Regent Lane, E16 3JL 020 7511 2980
E3	Doctors Surgery	16 Freemasons Road, E16 3NA 020 7476 2255
E3	Citizens Advice Bureau	71a Coiffin Road, E16 3AP 020 7540 4941
E3	Chapharm Pharmacy	357 Prince Regent Lane, E16 3JL 020 7474 3527
E2	Cumberland Road Surgery	179 Cumberland Road, E13 8LS 020 7476 1029
E1	York House	020 7445 7810
D3	Halsville Primary School	Radland Road, E16 1LN 020 7476 2355
E1	Kaizen Primary School	Cumberland Road Playing Field, E13 8LH 020 7473 6890

Well London

Well London is funded by the Big Lottery Fund. It will work with local people to transform health in twenty London neighbourhoods. The Well London programme will invest in local projects:

- Promoting mental health and well-being
- Improving healthy eating choices
- Promoting access to open spaces and increasing physical activity

Well London has been developed by a unique alliance of seven partners:



For more information on Well London and how to get involved please contact:

Karen Taylor, Arts Council, England
T: 020 7608 4170
E: karen.taylor@artscouncil.org.uk



Well London

Communities working together for a healthier city

www.london.gov.uk/wellondon

Active living



Newham

This is the first time that this type of joined-up approach to improving health has been tried on a regional scale.

This Active Living Map is one of 14 different projects that will be delivered in local areas.

Work has already been done to understand the specific needs of each community, and some projects are already underway. Depending on the needs of the community, a selection of the following projects will be delivered in that area:

CADBE (Community engagement, assessment, design, brokerage, enterprise) – our groundbreaking research and evaluation framework is already helping us understand the health needs of local people.

Buywell – will make it easier to buy good quality, affordable and culturally sensitive food locally.

Eatwell – will increase rates of healthy eating and promote a sense of community through celebrating good food and practical activities like cook and eat clubs.

DIY Happiness – will use humour, creativity and evidence to provide practical advice and information that will increase people's ability to reduce both the physical and the psychological impact of stress, increase resilience, and build durable personal resources.

Healthy spaces – will make physical improvements to local green and open spaces, involving

the local community in every step from planning to implementation.

Activate London – will increase physical activity levels through increasing the range of sports and active recreation activities available to communities.

Be Creative, Be Well – will use arts and cultural activity to help involve communities and individuals to improve environments and provide accessible physical activities.

Changing minds – will recruit and train local people with direct experience of mental ill health to deliver mental health awareness training in target communities.

Well London Delivery teams – are teams of volunteers in each area that will help people to make healthier choices.

Training communities – will train members of the community so they can be fully involved in supporting the delivery of the other projects.

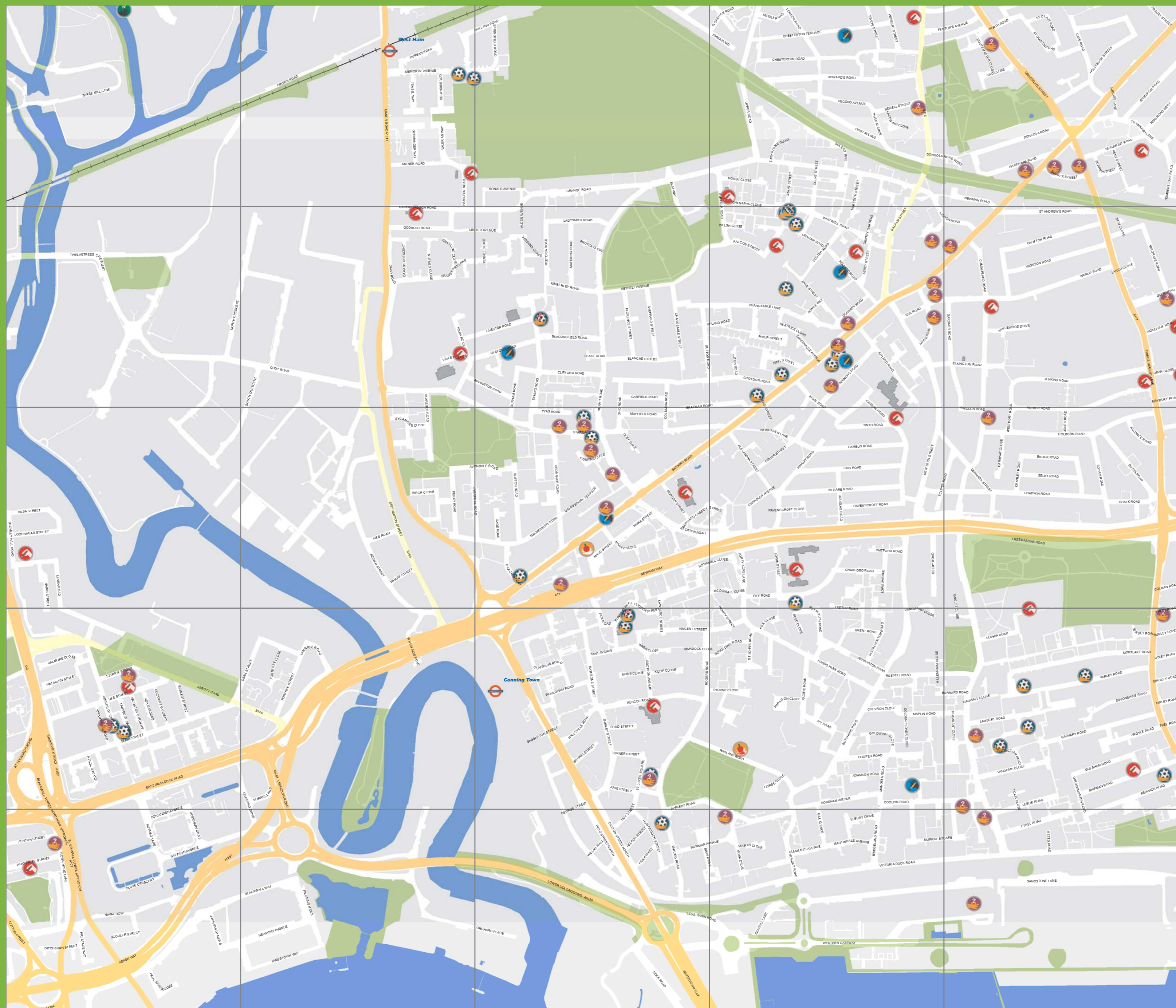
Youth community – will make sure that children and young people are included in all aspects of the programme.

Mental well-being Impact Assessment – will enable people to identify the potential impacts on mental well-being of their proposals / projects / programmes.

WellNet – will establish a learning network for communities and professionals across all the projects including events, newsletters and web sites.

A B C D E







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This map provides information on all of the different facilities in your local area that can help you live a healthier lifestyle. Parks, allotments, gyms and sports centres, advice clinics and GP's surgeries, if it will help you get fit and healthy, it's on the Active Living Map.

We hope you find this map useful. Please send any comments you may have or any ideas on what you would like to see on future versions of this map to: alm-london@groundwork.org.uk

Key

-  Physical activity and social clubs
-  Health advice and information
-  Art
-  Environment
-  Schools
-  Food

Active Living Map

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